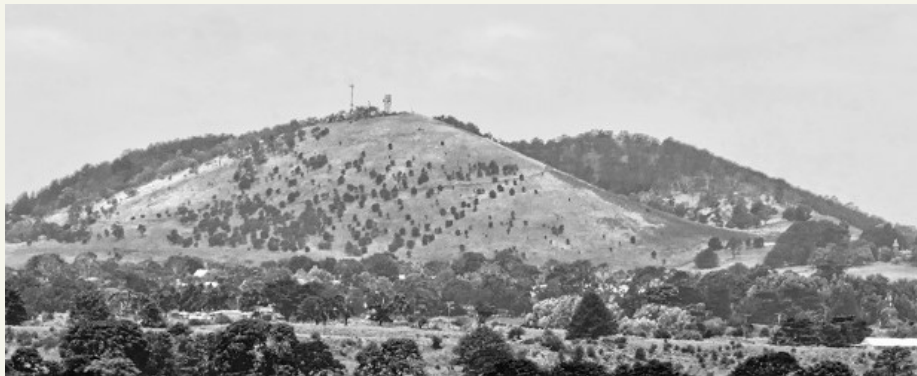


MT ROUSE NEWS & VIEWS COMMUNITY NEWSLETTER



A Project of the Penshurst Mens Shed Inc

F R E E E V E R Y F O R T N I G H T

Editor : Mark Dalla Costa

All correspondence to: penshurstmensshedinc@gmail.com

Welcome to the first newsletter of the Penshurst Mens Shed Inc. There are many people the Committee would like to thank for their help in forming the outline that has become our Association. Nigel Pyne was the instigator who, through discussions with Terry Horsten, Melanie Russell and Jane Coshutt of Southern Grampians Shire Council, John Brennan from the Penshurst Post Office, Paul Sutherland and Marcus Rentsch from Advance Penshurst, Laurie Jarmon, Beth Howlett, Andrew Rentsch from the Apex Shed, that has become our base of operations, and other men and women who have offered to help and attended those first community meetings, until the Inaugural Meeting in January 2018 when the Penshurst Mens Shed Incorporated Association was launched. We would also like to thank the Victorian Mens Shed Association for their help and generous donation of tools from different Sheds around Victoria when we became a member Club.

Since we opened to the public we have received one grant from the SGSC to upgrade our amenities to disability standard, one grant for tools from South West Community Foundation, and have put in a grant application to the State Government to extend our workshop and upgrade the social side of the building, which will be helped by another grant, in waiting, from SGSC. We have received other donations of tools, work benches, and our table tennis table.



Café & Reading Room
110 Bell Street
Penshurst

**Come in and check out our delicious
lunch menu**

Sweets & Treats

Hot & Cold Drinks

Open Thursday to Sunday

The men are working hard, completing projects such as EJ's Café feature wall, with others on the go. Recently we were delighted to receive a \$100 donation from St Joseph's School which we have applied to the refurbishing of the bench in the garden at the Kolor Lodge. We will be refurbishing the outside play area at the Kindergarten, which includes making some larger-than-life coloured pencils. We are also helping people around town



with small projects such as fixing fences. Future activities include taking the Men's Shed mobile and visiting with men at the Kolor Lodge for various woodworking projects. There is also work lined up in Hamilton.

The Men's Shed is open to women too, particularly on Tuesday afternoons when we meet for our Social.

Everyone can visit and everyone can play. We have table tennis, darts, pool, cards, scrabble among many other activities, or simply drop in for a chat. We have a book exchange, and tea and coffee are always available. A gold coin donation is appreciated.

Membership to the Shed is \$25.00 per year. As it is a workshop, the fee is to cover personal insurance, general expenses and upkeep of our building. Everyone is welcome.

Opening Times

Monday, Wednesday & Saturday

10.00 – 4.00pm

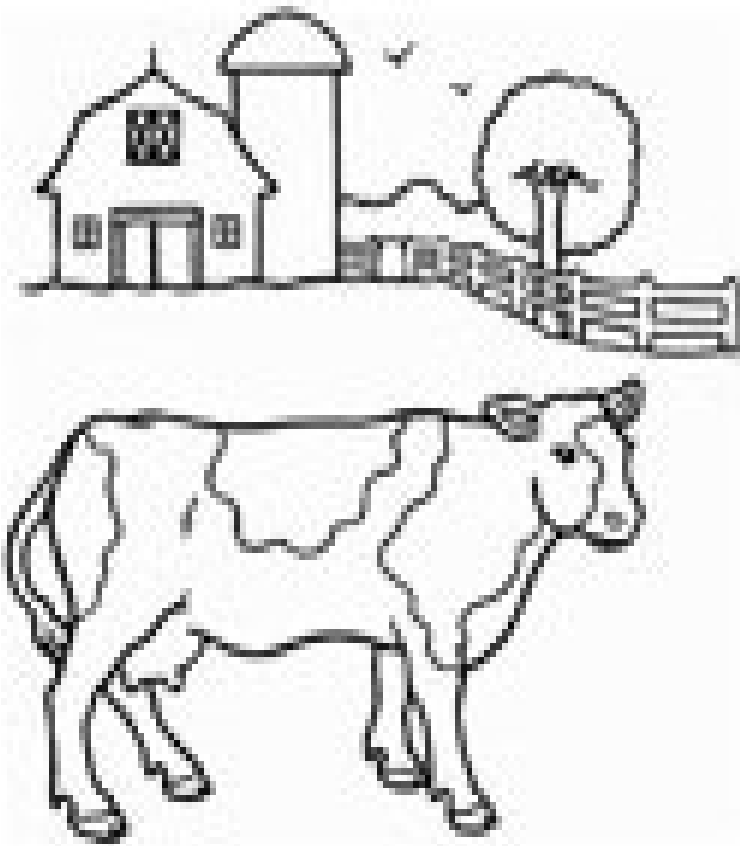
Tuesday 2.00 – 5.00pm

Find us on Facebook: Penshurst Mens Shed

<https://www.facebook.com/penshurstdistrictmensshed/>

A PAGE FOR THE CHILDREN

Colour in the Farm Yard scene



WHAT IS TO COME

In future editions we will add competitions and children's stories to this page. We will also announce upcoming birthdays for your children and if you want their names and birthdays included in this section please email the Editor at penshurstmensshedinc@gmail.com with the name of your child and the date of birth.





**PENSHURST
NEWSAGENCY & TAKEAWAY**

Josh & Tracy Hewitt
86 Belle Street Penshurst
Phone for orders on 55765330
ABN547 235 14008

MAHALIA COFFEE
Home made Cakes and Slices
Fresh Bread. Milk, Fruit and
Vegetables
Meat

EAT IN OR TAKE AWAY

Fresh battered Fish, Dim Sims and
chips plus much more

Chicken Parma, Fresh Focaccias

HAMBURGERS, Chicken Chilli Burgers,
Steak Sanga's & Chicken Schnitzel
Burgers.

Special: Fish & Chips and salad \$10.00

ALL DAY BREAKFAST

YUMMY EGG AND BACON ROLLS

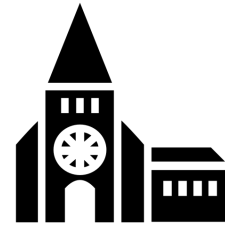
CHECK THE BOARD FOR WEEKLY SPECIALS

OPENING HOURS

6 am to 7 pm Monday to Thursday
6 am to 8 pm Friday
7 am to 8 pm Saturday
8 am to 7 pm Sunday

Please phone late orders 15 mins prior to
closing

Thank You



CHURCH NOTICES

**BETHLEHEM LUTHERAN
CHURCH TABOR**

Service every Sunday at 10 am

**ST JOSEPH'S CATHOLIC
CHURCH PENSHURST**

1st Sunday NO SERVICE

2nd Sunday Mass 8.30 am

3rd Sunday Lay Service 8.30 am

4th Sunday Mass 8.30 am

5th Sunday Mass 8.30 am

**ST ANDREW'S UNITING
CHURCH PENSHURST**

2nd Sunday 11 am

4th Sunday 10.30 am Morning Tea fol-
lowed by a service at 11 am

**PENSHURST ANGLICAN
CHURCH**

5 pm Mass once per month
(3rd Sunday)

For further details contact Janet Kelly
Phone 557 65247

MONTHLY MEETING DATES

- ◆ Indoor bowls 2 pm every Monday at Senior Citizens, All Welcome
 - ◆ Penshurst Bowls Club, 1st Tuesday each month at 7.30 pm
 - ◆ Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am
 - ◆ Residents, Relatives & Carers group, Tuesday bi-monthly, 4pm at Hospital
 - ◆ Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am. Everyone most welcome. (No playgroup in school holidays)
 - ◆ Penshurst Senior Citizens meet last Tuesday monthly, 4pm at club rooms in Bell Street.
- Novelty Bingo last Tuesday of month
Feb—Nov 2.15 pm
- Cards & Social afternoon
2nd Wednesday monthly at 2 pm.
- ◆ Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Penshurst Hospital, 1.30 pm
 - ◆ Mt Rouse & Dist. Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 55712145
 - ◆ Penshurst Urban Fire Brigade, 2nd Monday monthly at Fire Station.
 - ◆ Caramut & Dist. Garden Club, 2nd Tuesday monthly at 10 am. See Garden notes for venue.
 - ◆ RSL meets 1st Thursday of Feb, April, July & Oct at 6pm at RSL Hall.
 - ◆ Lions, 1st & 3rd Tuesday each month at 8 pm
 - ◆ Penshurst Pony Club rally 1st Sunday each month
 - ◆ Friends Yatmerone Reserve, 2nd Tuesday each month at Volcano Centre 7.30 pm. New members welcome.
 - ◆ Courthouse open 1st Sat each month 9.30 am to 12.30 pm.
 - ◆ Book Club, 2nd Wed each month at 2 pm in Senior Citizens clubrooms.
 - ◆ Boram Boram Cemetery Trust meetings held quarterly 1st Mon of March, June, Sept & Dec 8 pm Penshurst Hall



**Mandy's
Hair Design**

**80A BELL ST
PENSHURST**

Bookings by appointment

**For appointments please
ring**

Mobile: 0417 511 177

Mobile Library

**Internet, audio books, dvd's, fiction &
non-fiction, children's section,**

If we don't have it we can get it free!

It currently visits Penshurst every

THURSDAY FORTNIGHT

3.00 to 4.00 pm outside the hall in Martin St

**The Mobile will not operate on extreme and
Code Red fire declared days.**

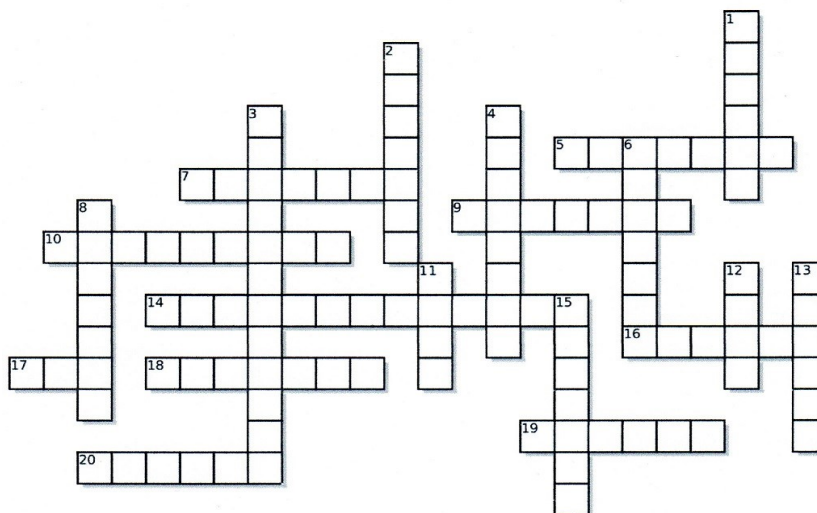
**Published by Penshurst Men's Shed
Incorporated**

Registered Address: 46 Watton Street

Penshurst 3289

Email: penshurstmensshedinc@gmail.com

The Mount Rouse Puzzler 1



ACROSS

- 5 not a short time
 7 an early morning visitor
 9 a yellow tasty garden staple
 10 an impression
 14 our local climate
 16 knowledge, intuition and experience
 17 is mightier than the sword
 18 a dry time
 19 black and white and found all over
 20 small and sweet

DOWN

- 1 cat
 2 from one place to another
 3 with care and concern
 4 a salad vegetable
 6 a promise
 8 Ancient way of blowing your stack
 11 found in low lying pans and kitchens
 12 ford a river
 13 sunny
 15 a game

Crossword solution will be included in our next issue

PLACES OF INTEREST IN PENSHURST

Volcanoes Discovery Centre

www.penshurstvolcano.org.au

Yatmerone Wildlife Reserve

Ritchie St Penshurst

Botanic Gardens

Chesswas St Penshurst

Caravan Park

Cox Street Penshurst

For Bookings phone (03) 5576 5220

24 Hr Fuel

91A Bell Street Penshurst

A PAGE TO SHARE RECIPES

This page is designed to contain recipes. If you have a favourite recipe to share please send them to the Editor for publication here.

The following recipe of mine was a great hit with everyone at our church at one of our dinners.

TUSCAN MEATBALLS (SERVES 4)

Ingredients

Mince Beef 500g
Eggs x 2
Condensed tomato soup 425g
Garlic Salt 1/2 x tbsp
Masterfoods Tuscan seasoning 1/2 x tbsp
Dried Oregano Leaves x Qty
Breadcrumbs
Olive oil
Mozzarella Cheese (shredded)

Method

In a large bowl mix meat and eggs,
Add garlic salt and Tuscan seasoning and mix well.
Add two or three hand fulls of the shredded cheese and mix well.
Add breadcrumbs until mixture thickens enough to craft balls.
Form meatballs of a generous size.
Lightly oil base of slow cooker or oven proof dish.
Place meatballs in a slow cooker ideally or in an oven proof dish.
Cover meatballs with tomato soup and sprinkle with oregano leaves to taste.
Add salt and pepper to taste.

Cook in slow cooker on Low for six hours or low heat in oven.

Keep warm to serve with salad and crusty bread

ENJOY



Penshurst Botanic Gardens

PENSHURST MEMORIAL HALL

COMMITTEE

President - Pat Stanes
Secretary - Ama Cooke 0402 870 738
Treasurer - Lyn Austin
Caretaker - Shayne White
Booking Agent - Thomas Cooke 0488 557 345

To hire the Hall please contact the booking agent, Thomas Cooke or
Email - penshurstmemorialhall@gmail.com. Contact Ama or Tom Cooke for
key collection.

Meetings are held three times a year in the Supper Room and dates will
be advertised. All are
welcome to attend.

Daily charges for Hall hire:

- Supper Room or Kitchen \$50
- Main Hall \$150
- Entire Venue \$250

These prices can be halved if a booked event is:

- No more than 6 hours in duration (inclusive of setting and packing up)
- Hiring the hall for any additional day/s preceding or following the hire date
- A fundraiser event—example Church, Hospital or School.

Casual hire/event insurance is available.

VOTE FOR OUR HALL ON PICK MY PROJECT

“HOME IS WHERE THE HALL IS”

Go to www.pickmyproject.vic.gov.au

QUOTES OF THE DAY

You can learn many things from children. How much patience you have, for instance.

~ Franklin P. Jones

Why do they call it rush hour when nothing moves?

~ Robin Williams

A life spent making mistakes is not only more honourable, but more useful than a life spent doing nothing.

~ George Bernard Shaw

LETTERS TO THE EDITOR

In this section we welcome your comments and views. If you have good news or a burning issue please send a letter to the Editor at penshurst-mensshedinc@gmail.com.

The Editor reserves the right to decide on which letters will be published and whether to precis longer submissions.

SPORTS NEWS

Submissions are invited from local clubs for inclusion here

END NOTES

Finally, this page will be developed in future editions to include the announcement of special events and local stories of interest.

While this newsletter is published as a project of the Penshurst Mens Shed it is for the benefit of the entire community and we seek your support for advertising, articles of interest and regular features. The issues are free and will be delivered to your letter box each fortnight.

If you think this is valuable for our community please support it.

Ed.

ADVERTISING RATES (Per Issue)

Full page:	\$20
1/2 page	\$10
1/4 page	\$5
Business Card	\$3